Coverage Period: 10/01/2024 – 09/30/2025 Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-855-255-7060. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-855-255-7060 to request a copy.

Important Questions	Answers		Why This Matters:
What is the overall deductible?	In-Network: \$3,000/self only \$3,000/individual \$6,000/family In-Network and out-of-ne	Out-of-Network: \$5,000/self only \$5,000/individual \$10,000/family twork deductibles are combined.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	network services, enteral r	certain services paid with a at no charge, certain out-of- nutrition services, in-network home nome hospice care, newborn care,	
Are there other <u>deductibles</u> for specific services?	No.		You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: \$6,750/self only \$6,750/individual \$13,500/family In-Network and out of-network	Out-of-Network: \$15,000/self only \$15,000/individual \$30,000/family ork out-of-pocket limits are combined.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges (unless balance billing is prohibited), health care this plan doesn't cover, prescription drug third-party & manufacturer coupons or rebates, and penalties for failure to obtain pre-certification for services.		Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.mycarehc.c</u> list of <u>in-network providers</u>	<u>com</u> or call 1-855-255-7060 for a	This plan uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>in-network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.mycarehc.com.

Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$20 copay/visit, deductible does not apply; 20% coinsurance for other outpatient services	50% <u>coinsurance</u>	In-network provider copay is per provider and applies to the office visit charge, allergy treatment	
If you visit a health care provider's office or clinic	Specialist visit	\$50 copay/visit, deductible does not apply; 20% coinsurance for other outpatient services	50% <u>coinsurance</u>	(injections), allergy serum, and in-office x-ray/lab services. Coinsurance applies for all other covered in-office services.	
	Preventive care/screening/ immunization	No charge	50% <u>coinsurance,</u> <u>deductible</u> does not apply	None	
If you have a test	Diagnostic test (x-ray, blood work)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	In-network x-ray & lab services performed in the office are covered under the office copay.	
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Precertification is required or services may be denied.	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.mycarehc.com</u>.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Preferred brand drugs	Retail \$10/prescription		Covers up to a 30-day supply (retail pharmacy); 90-day supply (mail order pharmacy).
		Mail order \$20/prescription		Deductible does not apply to prescription drugs.
If you need drugs to treat your illness or condition		Retail \$25/prescription Mail order	Not covered	Specialty drugs are limited to a 30-day supply and must be purchased from Welldyne Specialty pharmacy. Specialty drugs above \$5,000 are typically not covered.
More information about prescription drug		\$50/prescription	- Not covered	Prescription drug third-party & manufacturer
coverage is available at www.mycarehc.com	Non-preferred brand drugs	Retail & Mail order 50% coinsurance		coupons or rebates: Your costs for certain specialty drugs could be lower when using the third-party copayment assistance program.
	Specialty drugs	<b>Retail</b> \$200/prescription		To determine if a <u>specialty drug</u> or alternative will be covered, or for more information about the WellAssist program, contact your employer.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	<u>Precertification</u> is required or services may be denied.
surgery	Physician/surgeon fees	20% coinsurance	50% coinsurance	None
	Emergency room care	\$300 <u>copay</u> /visit		None
If you need immediate medical attention	Emergency medical transportation	No charge		None
	<u>Urgent care</u>	\$40 <u>copay</u> /visit, <u>deductible</u> does not apply	50% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	50% coinsurance	Precertification is required or services may be denied.
	Physician/surgeon fees	20% coinsurance	50% coinsurance	None

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.mycarehc.com</u>.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 <u>copay</u> /visit, <u>deductible</u> does not apply; 20% <u>coinsurance</u> for other outpatient services	50% <u>coinsurance</u>	In-Network provider copay is per provider and applies to the office visit charge only.
	Inpatient services	20% <u>coinsurance</u>	50% coinsurance	Precertification is required or services may be denied.
If you are pregnant	Office visits	\$20 <u>copay</u> /visit, <u>deductible</u> does not apply	50% coinsurance	Cost sharing does not apply for in-network preventive care services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	20% coinsurance	50% <u>coinsurance</u>	None
	Childbirth/delivery facility services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Precertification is required for an inpatient stay that is in excess of 48 hours (vaginal delivery) or 96 hours (caesarean delivery) or services may be denied.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.mycarehc.com</u>.

		What You Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	20% <u>coinsurance,</u> <u>deductible</u> does not apply	50% coinsurance	Limited to 60 days per plan year.  Precertification is required or services may be denied.
	Rehabilitation services	Inpatient rehab & Cardiac rehab: 20% coinsurance		Occupational, Physical, & Speech therapies are
If you need help	Habilitation services	Occupational, Physical, Pulmonary, & Speech therapies: \$50 copay/visit, deductible does not apply	50% coinsurance	limited to 30 visits each per plan year. Limits do not apply to Habilitation services for autism spectrum disorders.
recovering or have other special health needs	Skilled nursing care	20% coinsurance	50% coinsurance	Limited to 60 days per plan year.  Precertification is required or services may be denied.
	Durable medical equipment	20% coinsurance	50% coinsurance	Precertification is required for DME over \$5,000 or services may be denied.
	Hospice services	Inpatient: 20% coinsurance In-Home: 20% coinsurance, deductible does not apply	50% coinsurance	Precertification is required or services may be denied.
	Children's eye exam	No charge	50% <u>coinsurance,</u> <u>deductible</u> does not apply	Limited to 1 exam per plan year per ACA guidelines.
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	No coverage for children's glasses.
	Children's dental check-up	Not covered	Not covered	No coverage for dental check-up.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.mycarehc.com</u>.

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#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult) / (Child)

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (unless ICU is unavailable)
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care (limited to 30 visits/plan year)
- Habilitation services

Hearing aid (only covered if due to Accidental Injury;
 Routine eye care (Child) limited to \$5,000 every 5 years)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="health-lnsurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="hwww.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-255-7060.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.mycarehc.com</u>.

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## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other (Tests) coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$3,000	
Copayments	\$10	
Coinsurance	\$1,900	
What isn't covered		
Limits or exclusions		
The total Peg would pay is	\$4,970	

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other (Brand drug) copayment	\$25

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$900	
Copayments	\$400	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,320	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other (Physical Therapy) copayment	\$50

### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

The total Mia would pay is

<u>Durable medical equipment</u> (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would p	ay:
Cost Sharin	g
<u>Deductibles</u>	\$1,100
<u>Copayments</u>	\$400
Coinsurance	\$0
What isn't cove	ered
Limits or exclusions	\$0

\$1,500