



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 855-255-7060. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 855-255-7060 to request a copy.

Important Questions	Answers		Why This Matters:
What is the overall <a href="#">deductible</a> ?	<a href="#">In-Network</a> \$1,500/self only \$1,500/individual \$3,000/family	<a href="#">Out-of-Network</a> \$3,000/self only \$3,000/individual \$6,000/family	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
	<a href="#">In-network</a> and <a href="#">out-of-network deductibles</a> are combined.		
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes, <a href="#">preventive services</a> , certain services paid with a <a href="#">copayment</a> , services paid at no charge, and certain <a href="#">out-of-network</a> services.		This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No.		You don't have to meet <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	<a href="#">In-Network</a> \$6,000/self only \$6,000/individual \$12,000/family	<a href="#">Out-of-Network</a> \$12,000/self only \$12,000/individual \$24,000/family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
	<a href="#">In-network</a> and <a href="#">out-of-network out-of-pocket limits</a> are combined.		
What is not included in the <a href="#">out-of-pocket limit</a> ?	<a href="#">Premiums</a> , <a href="#">balance billing</a> charges (unless <a href="#">balance billing</a> is prohibited), health care this <a href="#">plan</a> doesn't cover, prescription drug third-party & manufacturer coupons or rebates, and penalties for failure to obtain pre-certification for services.		Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.mycarehc.com">www.mycarehc.com</a> or call 855-255-7060 for a list of <a href="#">in-network providers</a> .		This plan uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">in-network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.

\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.mycarehc.com](http://www.mycarehc.com).

Important Questions	Answers	Why This Matters:
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's office or clinic</a>	Primary care visit to treat an injury or illness	\$30 <a href="#">copay</a> /visit, <a href="#">deductible</a> does not apply; 0% <a href="#">coinsurance</a> for other outpatient services	25% <a href="#">coinsurance</a>	<a href="#">In-network provider copay</a> is per provider and applies to the office visit charge, allergy treatment (injections), allergy serum, and in-office x-ray/lab services. <a href="#">Coinsurance</a> applies for all other covered in-office services.
	<a href="#">Specialist</a> visit	\$60 <a href="#">copay</a> /visit, <a href="#">deductible</a> does not apply; 0% <a href="#">coinsurance</a> for other outpatient services	25% <a href="#">coinsurance</a>	
	<a href="#">Preventive care/screening/immunization</a>	No charge	50% <a href="#">coinsurance</a> , <a href="#">deductible</a> does not apply	None
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	<b>X-ray:</b> \$60 <a href="#">copay</a> <b>Lab:</b> \$40 <a href="#">copay</a>	25% <a href="#">coinsurance</a>	<a href="#">In-network</a> x-ray & lab services performed in the office are covered under the office <a href="#">copay</a> .
	Imaging (CT/PET scans, MRIs)	\$300 <a href="#">copay</a>	25% <a href="#">coinsurance</a>	<a href="#">Precertification</a> is required or services may be denied.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you need drugs to treat your illness or condition</b> More information about <a href="http://www.mycarehc.com">prescription drug coverage</a> is available at <a href="http://www.mycarehc.com">www.mycarehc.com</a>	Generic drugs	<b>Retail</b> \$10/prescription <hr/> <b>Mail order</b> \$20/prescription	Not covered	Covers up to a 30-day supply (retail pharmacy); 90-day supply (mail order pharmacy). <a href="#">Deductible</a> does not apply to prescription drugs. <a href="#">Specialty drugs</a> are limited to a 30-day supply and must be purchased from Welldyne Specialty pharmacy. <a href="#">Specialty drugs</a> above \$5,000 are typically not covered. Prescription drug third-party & manufacturer coupons or rebates: Your costs for certain specialty drugs could be lower when using the third-party copayment assistance program. To determine if a <a href="#">specialty drug</a> or alternative will be covered, or for more information about the WellAssist program, contact your employer.
	Preferred brand drugs	<b>Retail</b> \$25/prescription <hr/> <b>Mail order</b> \$50/prescription		
	Non-preferred brand drugs	<b>Retail &amp; Mail Order</b> 50% <a href="#">coinsurance</a>		
	<a href="#">Specialty drugs</a>	<b>Retail</b> \$200/prescription		
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	\$500 <a href="#">copay</a>	25% <a href="#">coinsurance</a>	<a href="#">Precertification</a> is required or services may be denied.
	Physician/surgeon fees	0% <a href="#">coinsurance</a>	25% <a href="#">coinsurance</a>	None
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	\$300 <a href="#">copay</a> /visit		None
	<a href="#">Emergency medical transportation</a>	No charge		None
	<a href="#">Urgent care</a>	\$40 <a href="#">copay</a> /visit, <a href="#">deductible</a> does not apply	25% <a href="#">coinsurance</a>	None
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	0% <a href="#">coinsurance</a>	25% <a href="#">coinsurance</a>	<a href="#">Precertification</a> is required or services may be denied.
	Physician/surgeon fees	0% <a href="#">coinsurance</a>	25% <a href="#">coinsurance</a>	None
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	\$30 <a href="#">copay</a> /office visit, <a href="#">deductible</a> does not apply; 0% <a href="#">coinsurance</a> for other outpatient services	25% <a href="#">coinsurance</a>	<a href="#">In-network provider copay</a> is per provider and applies to the office visit charge only.
	Inpatient services	0% <a href="#">coinsurance</a>	25% <a href="#">coinsurance</a>	<a href="#">Precertification</a> is required or services may be denied.

\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.mycarehc.com](http://www.mycarehc.com).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you are pregnant	Office visits	\$30 <a href="#">copay</a> /visit, <a href="#">deductible</a> does not apply	25% <a href="#">coinsurance</a>	Cost sharing does not apply for <a href="#">in-network preventive care</a> services. Depending on the type of services, <a href="#">coinsurance</a> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	0% <a href="#">coinsurance</a>	25% <a href="#">coinsurance</a>	None
	Childbirth/delivery facility services	0% <a href="#">coinsurance</a>	25% <a href="#">coinsurance</a>	<a href="#">Precertification</a> is required for an inpatient stay that is in excess of 48 hours (vaginal delivery) or 96 hours (caesarean delivery) or services may be denied.
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	No charge	25% <a href="#">coinsurance</a>	<a href="#">Precertification</a> is required or services may be denied. Limited to 60 days/plan year.
	<a href="#">Rehabilitation services</a>	<b>Inpatient rehab &amp; Cardiac rehab:</b> 0% <a href="#">coinsurance</a>	25% <a href="#">coinsurance</a>	Occupational, Physical, & Speech therapies are limited to 30 visits each per plan year. Limits do not apply to <a href="#">habilitation services</a> for autism spectrum disorders.
	<a href="#">Habilitation services</a>	<b>Occupational, Physical, Pulmonary, &amp; Speech therapies:</b> \$60 <a href="#">copay</a>		
	<a href="#">Skilled nursing care</a>	0% <a href="#">coinsurance</a>	25% <a href="#">coinsurance</a>	Limited to 60 days per plan year. <a href="#">Precertification</a> is required or services may be denied.
	<a href="#">Durable medical equipment</a>	0% <a href="#">coinsurance</a>	25% <a href="#">coinsurance</a>	<a href="#">Precertification</a> is required for DME over \$5,000 or services may be denied.
	<a href="#">Hospice services</a>	<b>Inpatient:</b> 0% <a href="#">coinsurance</a> <b>In-Home:</b> No charge	25% <a href="#">coinsurance</a>	<a href="#">Precertification</a> is required or services may be denied.
If your child needs dental or eye care	Children’s eye exam	No charge	50% <a href="#">coinsurance</a> , <a href="#">deductible</a> does not apply	Limited to 1 exam per plan year per ACA guidelines.
	Children’s glasses	Not covered	Not covered	No coverage for children’s glasses.
	Children’s dental check-up	Not covered	Not covered	No coverage for dental check-up.

\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.mycarehc.com](http://www.mycarehc.com).

**Excluded Services & Other Covered Services:**

**Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)**

- |                                 |  |                            |
|---------------------------------|--|----------------------------|
| • Acupuncture                   | • Infertility treatment                              | • Routine eye care (Adult) |
| • Bariatric surgery             | • Long-term care                                     | • Routine foot care        |
| • Cosmetic surgery              | • Non-emergency care when traveling outside the U.S. | • Weight loss programs     |
| • Dental care (Adult) / (Child) | • Private-duty nursing (unless ICU is unavailable)   |                            |

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)**

- |  |  |                            |
|--|--|----------------------------|
| • Chiropractic care (limited to 30 visits/plan year) | • Hearing aid (only covered if due to Accidental Injury; limited to \$5,000 every 5 years) | • Routine eye care (Child) |
| • Habilitation Services                              |  |                            |

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

**Does this plan provide Minimum Essential Coverage? Yes**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 855-255-7060.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

**About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$1,500
- [Specialist copayment](#) \$60
- Hospital (facility) [coinsurance](#) 0%
- Other (Tests) [copayment](#) \$40

**This EXAMPLE event includes services like:**

- [Specialist](#) office visits (*prenatal care*)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- [Diagnostic tests](#) (*ultrasounds and blood work*)
- [Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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In this example, Peg would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$1,500
<a href="#">Copayments</a>	\$500
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$2,060</b>

**Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$1,500
- [Specialist copayment](#) \$60
- Hospital (facility) [coinsurance](#) 0%
- Other (Brand drug) [copayment](#) \$25

**This EXAMPLE event includes services like:**

- [Primary care physician](#) office visits (*including disease education*)
- [Diagnostic tests](#) (*blood work*)
- [Prescription drugs](#)
- [Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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In this example, Joe would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$900
<a href="#">Copayments</a>	\$500
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$1,420</b>

**Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$1,500
- [Specialist copayment](#) \$60
- Hospital (facility) [coinsurance](#) 0%
- Other (Physical Therapy) [copayment](#) \$60

**This EXAMPLE event includes services like:**

- [Emergency room care](#) (*including medical supplies*)
- [Diagnostic test](#) (*x-ray*)
- [Durable medical equipment](#) (*crutches*)
- [Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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In this example, Mia would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$1,200
<a href="#">Copayments</a>	\$500
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,700</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.