

New Hire Benefits Guide

BENEFITS FOR THE 2024 - 2025 PLAN YEAR

SCAN TO ENROLL



Please contact the Ecker Textiles Benefits Service Center at 866-748-6664 or access eckertex.zevobenefits.com to enroll in your benefits as a new hire.

This guide provides an overview of Ecker Textile's 2024-2025 benefits offerings and the Enrollment process. You'll find important benefits resources and contact information throughout the guide.

New Hire Benefit elections will go into effect the 1st of the month following 60 days of employment.

Contact the Ecker Textiles Benefits Service Center year round for assistance with your benefits.



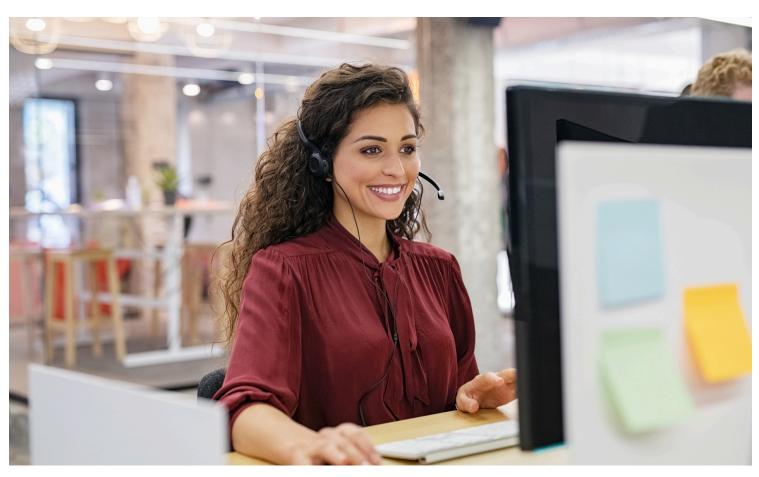
ECKER TEXTILES

Ecker Textiles Benefits Service Center 866-748-6664 help@eckertexbenefits.com

Monday - Thursday: 8am - 6pm EST, Friday: 8am - 5pm EST

Table of Contents

Enrollment	2
Medical	3
Pharmacy	ε
Dental	7
/ision	8
ife Insurance	9
Disability	10
Employee Assistance Program	11
egal Notices	12



How to Enroll

Benefits Enrollment - Online or By Phone

ENROLL ONLINE

Step 1:

<u>Visit Eckertex.zevobenefits.com</u> to access your enrollment.

Step 2:

First-time users: Click on "Get Started Now" and enter your personal information to create your account.

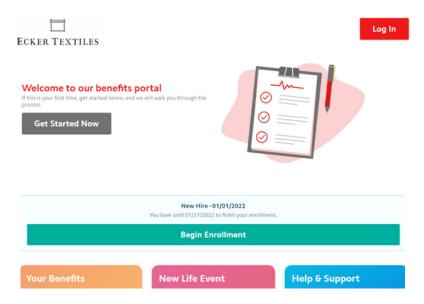
Step 3:

Once you've logged in, you'll be able to complete your enrollment by clicking "Begin Enrollment" and following the prompts.

ENROLL BY PHONE

Call the Ecker Textiles Benefits Service Center at **866-748-6664** to complete your enrollment by phone. You'll speak with a Benefits Specialist who will confirm your personal information, review your plan options, and submit your elections.





Eligible Dependents

Eligible dependents include legal spouses and children up to age 26, which encompasses biological, adopted, stepchildren, and children under legal guardianship. Children over age 26 who are unable to support themselves due to a physical or mental disability are also eligible.

General Enrollment Notes

You will receive a Confirmation Statement via email at the end of your enrollment. Complete and submit your elections by phone or via self-service online prior to your effective date. New Hire Benefit elections will go into effect on the 1st of the month following 60 days of employment.





Medical

Ecker Textiles is proud to offer three medical plans administered by **Crumdale Integrated Health**. Crumdale offers excellent customer care and utilizes the **Cigna network** of providers. You may choose between three plans listed below.

The **HDHP 2000 plan** is a High Deductible Health Plan (HDHP) which qualifies participants to contribute to a Health Savings Account (HSA). If you elect the HDHP plan, you are not required to open or contribute to a Health Savings Account (HSA), however, those who do contribute to an HSA will reduce their taxable income and be able to pay for medical, dental, vision, and prescription expenses federal income-tax-free.

This plan has the lowest premiums and highest Deductible. All services, including pharmacy, are subject to the Deductible and coinsurance, and there are no copays with this plan.

The **PPO 3000 plan** offers a flat co-pay for services like Primary Care, Urgent Care, and Specialty Care visits. For most other services, you are responsible for a Deductible and coinsurance until you meet your out-of-pocket maximum.

The **PPO 1500 plan** offers a flat co-pay for services like Primary Care, Urgent Care, and Specialty Care visits. For most other services, you are responsible for a Deductible. This plan pays 100% of services once your Deductible is met.

Your Crumdale Advocate: Comprehensive Support for Healthcare Benefits

Your Crumdale Advocate is a valuable resource for navigating healthcare benefits. They assist employees with understanding coverage, finding in-network doctors and facilities, and coordinating acceptance with providers before appointments. Advocates also answer questions about prescription drug coverage, help with prior authorization, and guide employees through appeals processes. They can explain medical bills, facilitate payments, and resolve billing issues with providers or health plans. Additionally, advocates coordinate the transfer of medical records and assist with eligibility and benefit inquiries. They also support claim issues and help identify ways to reduce healthcare costs, such as payment plans or prescription coupons, all while serving as a single point of contact for medical and prescription benefit questions.



Find a Health Care Provider

Cigna offers access to a large and growing nationwide network. Utilize these steps to locate a provider near you.

• Log in to myCigna.com or visit Cigna.com and click on "Find a Doctor, Dentist, or Facility." Be sure to select the PPO network.

	HDHP 2000	PPO 3000	PPO 1500
Cigna	In-Network	In-Network	In-Network
Plan Structure			
Deductible*	Individual: \$2,000 Family: \$4,000	Individual: \$3,000 Family: \$6,000	Individual: \$1,500 Family: \$3,000
Coinsurance	80%	80%	100%
Out-of-Pocket Max (OOPM)*	Individual: \$5,000 Family: \$10,000	Individual: \$6,750 Family: \$13,500	Individual: \$6,000 Family: \$12,000
Medical Services			
Primary Care/Specialist	Deductible, then 80%	\$20/\$50	\$30/\$60
Inpatient Hospital	Deductible, then 80%	Deductible, then 80%	Deductible, then 100%
Emergency Room	Deductible, then 80%	Deductible, then \$300	Deductible, then \$300
Urgent Care	Deductible, then 80%	\$40 copay	\$40 copay
Prescription Drug Coverage			
Generic	Deductible, then \$10	\$10 copay	\$10 copay
Preferred Brand	Deductible, then \$25	\$25 copay	\$25 copay
Non-preferred Brand	Deductible, then 50%	50% coinsurance	50% coinsurance
Specialty	Deductible, then \$150	\$200	\$200
Bi-weekly Premiums			
Employee	\$26.79	\$42.65	\$45.25
Employee & Spouse	\$72.45	\$116.22	\$123.89
Employee & Child(ren)	\$58.21	\$97.99	\$104.39
Family	\$124.94	\$183.68	\$196.12

Retirement Planning: For those nearing retirement or considering Medicare, it's essential to evaluate how each plan aligns with future healthcare needs. It's important to note that all contributions to an HSA must cease six months before enrolling in Medicare if the individual is Medicare-eligible during that period. Contributions made prior to turning 65 do not affect this requirement.



Telemedicine



24/7 On-Demand Care Access

Your Ecker Textiles medical insurance provides you with 24/7 access to U.S. Board Certified, State Licensed Doctors, available 365 days a year. You can consult Primary Care, Pediatric, and Urgent Care doctors via phone, online portal, or mobile app. This service covers a wide range of common conditions, including acid reflux, allergies, asthma, nausea, Bronchitis, cold and flu, infections, rashes, sinus conditions, sore throat, thyroid conditions, UTIs, and more. Best of all, telemedicine services are available at **no cost to you**. For more information or to get started, visit 1.855.6RECURO or www.recurohealth.com.







Visit www.recurohealth.com

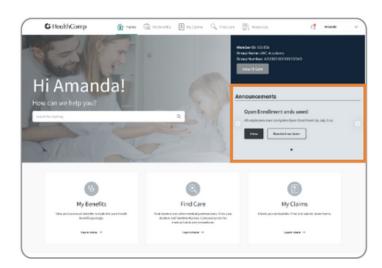


Download Recuro Health App

Healthcare Management

myCare by HealthComp

With myCare, you have a convenient platform to manage all your healthcare needs in one location. This user-friendly tool allows you to easily track your claims, download your digital ID card, connect with member services, and search for providers.





To get started, visit <u>mycareHC.com</u> to register as a new user on the member portal. For added convenience, download the myCareHC app to manage your information on the go. With myCare, all your healthcare management needs are efficiently handled from a single, accessible platform.

Pharmacy Benefits

Pharmacy Benefit Manager (PBM)

Your Ecker Textiles Medical Plan includes pharmacy benefits managed by WellDyne, offering various options for filling your prescriptions, including Retail Pharmacies, Home Delivery, and Specialty Pharmacies. To help you manage your prescription benefits, the WellView Member Portal provides a range of useful tools.

Getting Started with the WellView Member Portal:

- Visit www.WellDyne.com, click "For Members," and select "Register Now."
- Enter your Member ID, name, and date of birth.
- Create a username and password to access your account.
- Update any allergies or health conditions.
- If using Mail Order Pharmacy, provide a payment method (credit, debit, FSA, or HSA card) for quicker processing.

Additionally, you have access to the Franklin Health Patient Assistance Program, which offers a full-service concierge prescription medication advocacy tool. Your personal patient advocate will seek out cost-saving opportunities and, if eligible, secure medications at no cost to you. For more information, visit **crumdalepartners.com**.

International Pharmacy Program

Your International Pharmacy Program offers access to brand-name medications from pharmacies in New Zealand, Australia, Canada, and the United Kingdom. Your prescriptions are from licensed pharmacies and Good Manufacturing Practices-certified facilities. All medications are brand-name and arrive in their original sealed packaging.

Ordering from the International Pharmacy is easy. Simply call 1-833-710-1994 or email pharmacyservices@crumdalepartners.com. The clinical pharmacy is available Monday through Friday from 8 AM to 5 PM (EST).





Dental



With MetLife, you can see any dentist of your choosing. If you choose a dentist in the MetLife Dental network, you will ensure lower out-of-pocket costs and avoid balance billing. You can locate in-network providers by visiting **www.metlife.com/dental** and selecting "Find a Participating Dentist" – You can select "PDP Plus" as the network, and follow the search instructions.

Dental Community of Dentality	Low Plan		High Plan	
Dental Summary of Benefits	In-Network	Out-of-Network	In-Network	Out-of-Network
Calendar Year Deductible	Individual \$50 Family \$150	Individual \$50 Family \$150	Individual \$50 Family \$150	Individual \$50 Family \$150
Calendar Year Maximum	\$1,000 per person	\$1,000 per person	\$2,000 per person	\$2,000 per person
Preventive Services	100%	100%	100%	100%
Basic Services	60%	60%	90%	90%
Major Services	60%	60%	70%	70%
Orthodontia (dependents up to 19)	No coverage	No coverage	50% up to \$1,500 lifetime maximum	50% up to \$1,500 lifetime maximum

Bi-weekly Premiums

	Low Plan		High Plan			
Tier	Total Cost	Ecker Textiles Pays	You Pay	Total Cost	Ecker Textiles Pays	You Pay
Employee	\$13.29	\$12.06	\$1.23	\$19.88	\$10.30	\$9.58
Employee & Spouse	\$27.97	\$24.19	\$3.78	\$41.54	\$23.94	\$17.60
Employee & Child(ren)	\$28.65	\$22.91	\$5.74	\$45.65	\$15.52	\$30.13
Family	\$46.17	\$36.56	\$9.61	\$72.08	\$33.93	\$38.15

^{*}Please refer to the Benefit Summary for complete plan details.



Vision



Ecker Textiles offers vision coverage through MetLife, which allows you to visit any vision provider you choose. Using participating MetLife Vision providers will help you to maximize your benefits and avoid the headache of filing claims yourself. The MetLife Vision plan utilizes the MetLife VSP Choice network. You can find participating In-Network providers by going to **www.metlife.com** and selecting "Find a Vision Provider."

Benefits include eye exams, prescription glasses or contacts, frames, and discounts for laser vision correction.

Frequency Limitations: The plan limits each participant to one exam, glass lenses or contacts per 12 months.

Vision Summary of Benefits	In-Network		Out-of-Network	
	You Pay		Plan Reimburses You	
Exam	\$10 Copay		\$45	
Lenses - Either Glasses or Contacts				
Single Vision	\$25 Copay		\$30 Copay	
Bifocal (Lined) Lenses	\$25 Copay		\$50 Copay	
Trifocal (Lined) Lenses	\$25 Copay		\$65 Copay	
Lenticular Lenses	\$25 Copay		\$100 Copay	
Frame Allowance	Up to \$130, \$150 allowance on featured frames, 20% off any amount paid over allowance		\$70 allowance	
Costco, Walmart, and Sam's Club	\$70 allowance		\$7.0 dilottdiloo	
Contact Lenses Instead of Glasses				
Elective	\$130 allowance		\$105 allowance	
Necessary	Covered in full after eyewear copay		\$210 allowance	
Contact Fitting and Evaluation	Standard or Premium fit: Copay not to exceed \$60		Applied to the contact lens allowance	
Bi-weekly Premium				
Employee		\$4.33		
Employee & Spouse		\$8.68		
Employee & Child(ren)		\$7.35		
Family		\$12.12		

 $^{{}^{\}star}$ Please refer to the Benefit Summary for complete plan details.



Life Insurance



Basic Life Insurance with Accidental Death and Dismemberment (Employer-Paid)

Ecker Textiles provides one times your annual salary (maximum \$200,000) in basic life insurance at no employee cost. This employer paid benefit also includes Accidental Death and Dismemberment (AD&D) coverage. Basic Life benefits provided by Ecker Textiles reduce by 35% at age 65 then 50% at age 70.

Voluntary Life Insurance

You may elect voluntary life insurance for yourself and your dependents through payroll deduction to supplement the basic life benefit. Refer to the Certificate of Coverage for complete details. Coverage options include:

Employee Coverage: Available in increments of \$10,000, up to 5x your earnings to a maximum of \$500,000.

Spouse Coverage: Available up to 50% of the employee's elected amount, with a minimum benefit of \$5,000 and a maximum benefit of \$100,000. To elect spouse coverage, the employee must also be insured. Rates for spouse coverage are based on the employee's age.

Child Coverage: Child life insurance coverage is available in amounts of \$1,000, \$2,000, \$4,000, \$5,000, or \$10,000. Coverage remains in place until the child reaches age 19, or up to age 26 if the child is enrolled as a full-time student.

There are no age reductions on voluntary life coverage.

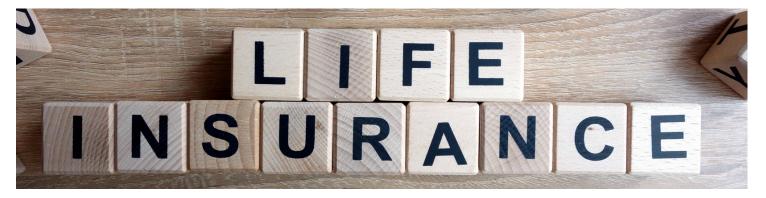
Evidence of Insurability

As a new hire, you can choose coverage for yourself, your spouse, and your child(ren) without answering health questions, up to the Guaranteed Issue limits. If you elect coverage above these amounts or increase your coverage, Evidence of Insurability (EOI) will be required:

- Employee Coverage: Up to \$100,000 is available without EOI. Coverage amounts over \$100,000 will require EOI.
- Spouse Coverage: Up to \$25,000 is available without EOI. Coverage amounts over \$25,000 will require EOI.

Accidental Death and Dismemberment (AD&D)

Voluntary coverage includes AD&D, which provides benefits in the event of death or loss of limbs, speech, hearing, and more due to an accident.



Disability



Your paycheck is one of your most valuable assets, and disability coverage helps you protect it. If you were unable to work due to an injury or illness, how would you manage your bills and daily expenses? Disability Insurance offers income protection by covering a portion of your salary, helping you manage out-of-pocket costs and replace lost wages.

Short-Term Disability

Short-Term Disability (STD) insurance provides income protection if you are unable to work due to a non-work-related illness or injury. After a 7-day waiting period, it pays 60% of your base monthly earnings, up to a maximum of \$1,000 per week, for up to 12 weeks. You pay 49% of the Short-Term Disability Premium and Ecker Textiles pays 51%.

Short-Term Disability				
Example: Employee earns \$35,000 annually Benefit Amount: \$1,750 monthly Weekly Benefit: \$404				
Age Band	Rate per \$10 of covered weekly benefit	Bi-weekly Premium		
Less than 30	\$0.463	\$8.64		
30-34	\$0.488	\$9.10		
35-39	\$0.442	\$8.24		
40-44	\$0.477	\$8.89		
45-49	\$0.582	\$10.85		
50-54	\$0.721	\$13.44		
55-59	\$0.884	\$16.48		
60-64	\$1.047	\$19.52		
65+	\$1.257	\$23.44		

Long-Term Disability

Long-Term Disability (LTD) Insurance provides financial protection if your disability extends beyond the coverage period of the Short-Term Disability plan. This benefit is fully covered by Ecker Textiles for eligible full-time employees, offering 50% of your pre-disability earnings, up to a maximum of \$7,000 per month. Benefits start after 90 days or the end of your Short-term disability benefit period. The benefit duration is the later of your Normal Social Security Retirement Age or the set period stated in the plan summary.

Pre-Existing Condition Limitation

A pre-existing condition is any illness or injury for which you received medical treatment or took prescribed medication in the 3 months before your insurance coverage or any increase in coverage begins. Benefits, including any increased amounts, will not be paid for a disability caused by a pre-existing condition unless you have been actively at work for at least 12 consecutive months after the coverage or increase takes effect.

Employee Assistance Program (EAP)



Employee Assistance Program through MetLife by TELUS HEALTH®

The Employee Assistance Program (EAP) offers a comprehensive range of support services designed to help you manage life's challenges, both at work and at home. Our Employee Assistance Program, provided by TELUS Health, offers access to experienced counselors who can assist with various aspects of your life, including:

- Family Matters: Navigating divorce, caring for an elderly relative, adjusting to life after having a baby.
- Work Challenges: Job relocations, building professional relationships, adapting to organizational changes.
- Financial Guidance: Budgeting, retirement planning, home buying/selling, and tax-related questions.
- Legal Assistance: Help with civil, family, financial, real estate, and estate planning matters.
- Identity Theft Support: Prevention tips and personalized recovery assistance if you experience identity theft.
- Health and Wellness: Managing anxiety, overcoming depression, improving sleep, and breaking bad habits like smoking.
- Everyday Life Support: Assistance with moving, grieving, military family issues, and even advice on caring for a new pet.

Confidential, Convenient Access

You and your eligible household members can receive up to five confidential phone or video consultations per year with licensed counselors. To connect with a counselor, call 1-888-319-7819 anytime, 24/7, and select "Employee Assistance Program" from the menu.

In addition, the program offers online educational tools and resources, accessible through a mobile app. A chat feature allows you to interact with a consultant, whether you're looking for guidance or want to schedule an appointment. Log in at <u>one.telushealth.com</u> with the username: **metlifeeap** and password: **eap**.



Phone 1-888-319-7819



Web one.ttelushealth.com user name: metlifeeap password: eap



Mobile App user name: metlifeeap password: eap

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is

called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA(327.2)

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2024. Contact your State for more information on eligibility –

GEORGIA - Medicaid

GA HIPP Website: https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp Phone: 678-564-1162, Press 1 GA CHIPRA Website: https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra

Phone: 678-564-1162, Press 2

NORTH CAROLINA - Medicaid

Website: https://medicaid.ncdhhs.gov/

Phone: 919-855-4100

To see if any other states have added a premium assistance program since January 31, 2024, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272) U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services www.cms.hhs.gov 1-877-267-2323, Menu Option 4, Ext. 61565

Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent.

Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email ebsa.opr@dol.gov and reference the OMB Control Number 1210-0137.

Form Approved OMB No. 1210-0149 (expires 10-31-2023)

PART A: General Information

When key parts of the health care law take effect in 2014, there will be a new way to buy health insurance: the Health Insurance Marketplace. To assist you as you evaluate options for you and your family, this notice provides some basic information about the new Marketplace and employment based health coverage offered by your employer.

What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a new kind of tax credit that lowers your monthly premium right away. Open enrollment for health insurance coverage through the Marketplace begins in October 2013 for coverage starting as early as January 1, 2014.

Can I Save Money on my Health Insurance Premiums in the Marketplace?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that doesn't meet certain standards. The savings on your premium that you're eligible for depends on your household income.

Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium, or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards. If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.5% of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit.1

Note: If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered coverage. Also, this employer contribution -as well as your employee contribution to employer-offered coverage- is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

How Can I Get More Information?

For more information about your coverage offered by your employer, please check your summary plan description or contact help@eckertexbenefits.com .

The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit HealthCare.gov for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

¹ An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60 percent of such costs.



powered by totem

This guide is a general summary of your benefit options. For specific details, you may refer to each plan's Summary Plan Description (SPD).

Every effort has been made to ensure that this document accurately represents the benefits being offered.

However, if there are any discrepancies between the terms in this document and the terms in the SPD, the SPD will prevail.