⚠️ The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. **This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 855-255-7060. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform or call 855-255-7060 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network providers: **$3,000**/individual or **$6,000**/family Out-of-network provider: **$5,000**/individual or **$10,000**/family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. The deductible is **Embedded**. Each individual must meet the individual deductible, except that for family coverage, once two or more individuals meet the family deductible amount, the deductible will be satisfied for all family members. **Deductible year runs 10/01 – 09/30**
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive care without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	Network providers: **$6,750**/individual or **$13,500**/family Out-of-network providers: **$15,000**/individual or **$30,000**/family	The out-of-pocket limit is the most you could pay in a year for covered services. The out-of-pocket limit is **Embedded**. If you have other family members on this plan, each family member must meet their own individual out-of-pocket limit before plan begins to pay and once the total amount of out-of-pocket limit expenses paid by all family members meets the overall family out-of-pocket limit the family will not have to pay for any covered expenses.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out–of–pocket limit.
Will you pay less if you use a network provider?	Yes. See www.mycarehc.com or call 855-255-7060 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing).
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

> ⚠️ All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$20 copayment	50% coinsurance	Deductible does not apply to copayment. Includes associated labs & x-rays.
	Specialist visit	$50 copayment	50% coinsurance	Deductible does not apply to copayment.
	Preventive care/screening/ immunization	No charge	50% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Deductible does not apply.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance 0% coinsurance for laboratory testing at an independent facility.	50% coinsurance	Diagnostic tests associated with primary care visits are covered at no charge. Laboratory testing at an independent facility is covered at 100% after deductible.
	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	May require precertification.
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.mycarehc.com	Generic drugs	Retail: $10 copayment Mail Order: $20 copayment	No Coverage	Cost sharing does not apply for preventive Prescriptions. Deductible does not apply to copayment. Retail & Mail Order available up to a 90-day supply. Preventive drugs as defined by the ACA are provided at no cost.
	Preferred brand drugs	Retail: $25 copayment Mail Order: $50 copayment		
	Non-preferred brand drugs	Retail & Mail Order: 50% coinsurance		
	Specialty drugs	$200 copayment		Deductible does not apply to copayment. Available up to a 30-day supply through WellDyne Specialty Pharmacy. **(Specialty Drugs with a gross cost of $5,000 or more per month may not be covered by the plan)**
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	May require precertification.

* For more information about limitations and exceptions, see the plan or policy document at www.mycarehc.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Physician/surgeon fees	20% coinsurance	50% coinsurance	
If you need immediate medical attention	Emergency room care	$300 copayment,	$300 copayment	None.
	Emergency medical transportation	0% coinsurance	0% coinsurance	None.
	Urgent care	$40 copayment	50% coinsurance	Deductible does not apply to copayment.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	50% coinsurance	Precertification required.
	Physician/surgeon fees	20% coinsurance	50% coinsurance	None.
If you need mental health, behavioral health, or substance abuse services	Outpatient services-office	$20 copayment	50% coinsurance	Deductible does not apply to copayment.
	Inpatient services	20% coinsurance	50% coinsurance	Precertification required.
If you are pregnant	Office visits	$20 copayment	50% coinsurance	Cost sharing does not apply for preventive services. Depending on the type of services, a copayment or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC. Deductible does not apply to copayment.
	Childbirth/delivery professional services	20% coinsurance	50% coinsurance	
	Childbirth/delivery facility services	20% coinsurance	50% coinsurance	
If you need help recovering or have other special health needs	Home health care	20% coinsurance	50% coinsurance	Precertification required.
	Rehabilitation services Habilitation services	$50 copayment Chiropractic: 20% coinsurance	50% coinsurance Chiropractic: 50% coinsurance	Physical/Occupational/Speech Therapy: 30 visit limit/year. Chiropractic Services: 30 visit limit/year Deductible does not apply to copayment.
	Skilled nursing care	20% coinsurance	50% coinsurance	Precertification required. 60 visit limit/year.
	Durable medical equipment	20% coinsurance	50% coinsurance	None.
	Hospice services	20% coinsurance	50% coinsurance	Precertification required. Deductible does not apply to Network Home Hospice services
If your child needs	Children's eye exam	No Charge	50% coinsurance	Limit of 1 routine exam per year.

* For more information about limitations and exceptions, see the plan or policy document at www.mycarehc.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
dental or eye care	Children's glasses	Not Covered	Not Covered	None.
	Children's dental check-up	Not Covered	Not Covered	None.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Weight loss programs
- Bariatric Surgery
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Infertility treatment

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Infertility diagnosis
- Emergency care when traveling outside the U.S.
- Chiropractic Care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: : Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? **Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? **Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 855-255-7060

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 855-255-7060

[Chinese (中文): 如果需要中文的帮助，请拨打这个号码 855-255-7060

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 855-255-7060

* For more information about limitations and exceptions, see the plan or policy document at www.mycarehc.com.

————————————————To see examples of how this plan might cover costs for a sample medical situation, see the next section.————————————————

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)	**Managing Joe's type 2 Diabetes** (a year of routine in-network care of a well-controlled condition)	**Mia's Simple Fracture** (in-network emergency room visit and follow up care)
■ The plan's overall deductible $3,000 ■ Specialist *Copayment* $50 ■ Hospital (facility) *Coinsurance* 20% ■ Other *Coinsurance* 20%	■ The plan's overall deductible $3,000 ■ Specialist *Copayment* $50 ■ Hospital (facility) *Coinsurance* 20% ■ Other *Coinsurance* 20%	■ The plan's overall deductible $3,000 ■ Emergency *Copayment* $300 ■ Hospital (facility) *Coinsurance* 20% ■ Other *Coinsurance* 20%
This EXAMPLE event includes services like: Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (*ultrasounds and blood work*) Specialist visit (*anesthesia*)	**This EXAMPLE event includes services like:** Primary care physician office visits (*including disease education*) Diagnostic tests (*blood work*) Prescription drugs Durable medical equipment (*glucose meter*)	**This EXAMPLE event includes services like:** Emergency room care (*including medical supplies*) Diagnostic test (*x-ray*) Durable medical equipment (*crutches*) Rehabilitation services (*physical therapy*)

Total Example Cost	$12,731

Total Example Cost	$7,389

Total Example Cost	$1,368

In this example, Peg would pay:

Cost Sharing	
Deductibles	$3,000
Copayments	$50
Coinsurance	$1,946
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	**$4,456**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$3,000
Copayments	$40
Coinsurance	$878
What isn't covered	
Limits or exclusions	$55
The total Joe would pay is	**$3,973**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$1,014
Copayments	$150
Coinsurance	$0
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	**$1,164**

The plan would be responsible for the other costs of these EXAMPLE covered services.